



Certificate in
Wholebeing
Positive Psychology

SESSION A

Module 1 (online) Intro to Wholebeing Happiness	Rolling, immediately available
Module 2 (online) What makes us happy(ier)	February 4–March 1, 2019
Break	March 4–8, 2019
Module 3 Onsite Residential Immersion	March 12–16, 2019
Break	March 18–22, 2019
Module 4 (online): Moving Towards Your Best Self	March 25–April 19, 2019
Module 5 (online): Living and Working Well With Others	April 22–May 17, 2019
Submit forever project idea	May 20–24, 2019
Break	May 27–31, 2019
Module 6 (online): Realizing Dreams	June 3–June 28, 2019
Break	July 1–5, 2019
Module 7 (online): Resilience and Grit	July 8–August 2, 2019
Forever project presentations	August 5–9, 2019
Module 8 (online): Choosing Your Best Life	August 12–September 6, 2019
Break	September 9–13, 2019
Module 9 Onsite Residential Immersion	September 17–September 21, 2019