



Certificate in
Wholebeing
Positive Psychology

SESSION B

Module 1 (online) Intro to Wholebeing Happiness	Rolling, immediately available
Module 2 (online) What makes us happy(ier)	September 9–October 4, 2019
Break	October 7–11, 2019
Module 3 Onsite Residential Immersion	October 15–19, 2019
Break	October 21–25, 2019
Module 4 (online): Moving Towards Your Best Self	October 28–November 22, 2019
Thanksgiving break	November 25–29, 2019
Module 5 (online): Living and Working Well With Others	December 2–January 10, 2020
Holiday break	December 23—January 3, 2020
Module 6 (online): Realizing Dreams	January 13–February 7, 2020
Module 7 (online): Resilience and Grit	February 10–March 6, 2020
Forever project presentations	March 9–13, 2020
Module 8 (online): Choosing Your Best Life	March 16–April 10, 2020
Break	April 13–17, 2020
Module 9 Onsite Residential Immersion	April 21–April 25, 2020